

Accreditation Statement:

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education through the joint providership of University Medical Center of SN and the AAP Nevada Chapter. The University Medical Center is accredited by the Institute of Medical Quality/California Medical Association (IMQ/CMA) to provide Continuing Medical Education for physicians. University Medical Center of SN designates this live educational activity for a maximum of two (2.0) *AMA PRA Category 1 Credit(s)*[™]

Disclosure Statement:

It is the policy of University Medical Center of SN to ensure balance, independence, objectivity, and scientific rigor in all its individually sponsored or jointly sponsored educational programs.

David J. Schonfeld, MD, FAAP has nothing to disclose. The planning committee members: Pam Greenspon, MD, Betsy Huang, MD, Kami Larsen, MD and Rebecca Ching, MD have nothing to disclose.



**Participants wishing to stay and join a meditation session following the retreat are welcome.

Objectives:

- Explain the importance of psychological first aid and basic supportive services to promoting adjustment after a crisis
- Outline the common symptoms of adjustment reactions in children and adolescents that may occur in response to a crisis
- Discuss the role of guilt in impacting adjustment to a loss or crisis
- Consider issues of professional self-care when supporting children and staff who are grieving or adjusting to a crisis event

American Academy of Pediatrics

DEDICATED TO THE HEALTH OF ALL CHILDREN[™]



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The American Academy of Pediatrics Nevada Chapter



*2nd Annual
Physician
Wellness Retreat*

*Saturday
April 21, 2018*

*Canyon Gate
Country Club
2001 Canyon
Gate Drive
LVN 89117*

2.0 Ethics CME



After the mass shooting in our state last year, we feel addressing the topic of coping with crisis is an important and timely topic as our community continues to heal. As physicians, dealing with loss and pain is a part of our normal daily routine. But it's important to take care of ourselves in addition to our patients.

We hope you will join us for our 2nd annual physician wellness retreat.

Presenters:

David J. Schonfeld, MD, FAAP,
Professor of Practice in the Suzanne Dworak-Peck School of Social Work and Pediatrics at USC

Anne Weisman, Ph.D., M.P.H., L.M.T.

Director of Wellness & Integrative Medicine, UNLV School of Medicine

AGENDA:

Saturday—April 21, 2018

9:00am—Registration, Coffee & Chair Massages

9:50am—AAP Welcome

AAP Nevada Chapter President, Betsy Huang, MD, FAAP

10:00am—“Supporting Children, Families and Ourselves at Times of Crisis”

David J. Schonfeld, MD, FAAP

12:30pm—Lunch

1:00pm—2:00pm Chair Massages

2:00pm— Guided Meditation Session

Anne Weisman, Ph.D., M.P.H., L.M.

Canyon Gate has graciously agreed to offer a discounted rate of \$50.00 fee for any attendee who would like to play 9 holes of golf after the retreat. Fee includes, green fee, cart, and taxes. Please let us know in your registration if you would like to play golf and we will send you separate payment instructions.



Registration Fees:

Nevada Chapter AAP Members:
o \$50.00

AAP Members: o \$75.00

Non AAP Members:

o \$100.00

Residents & Students: o Free

Golf: o \$50 (separate payment)

Registrations due by 4/14/18. There will be no on site registration.

Name & Title

E-mail

Please make checks payable to
AAP Nevada Chapter
P.O. Box 15748
Las Vegas, NV 89114

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